



Canadian Seal Products

Wild Canadian Meat



Proudly Canadian



Naturally Sourced



Sustainable



Very Nutritious



Rethink protein

From sliders to steaks, seal protein is healthy and lean making it an ideal and sustainable alternative.



Increases energy



Promotes red blood cell formation



Strengthens muscles



Repairs body tissues



Improves muscle function



Boosts immune system



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The Canadian Superfood

Seal meat is considered a Canadian “Superfood” and is one of the most nutritious meats on the planet!



Excellent source of protein (23%) and low in fat (2%).

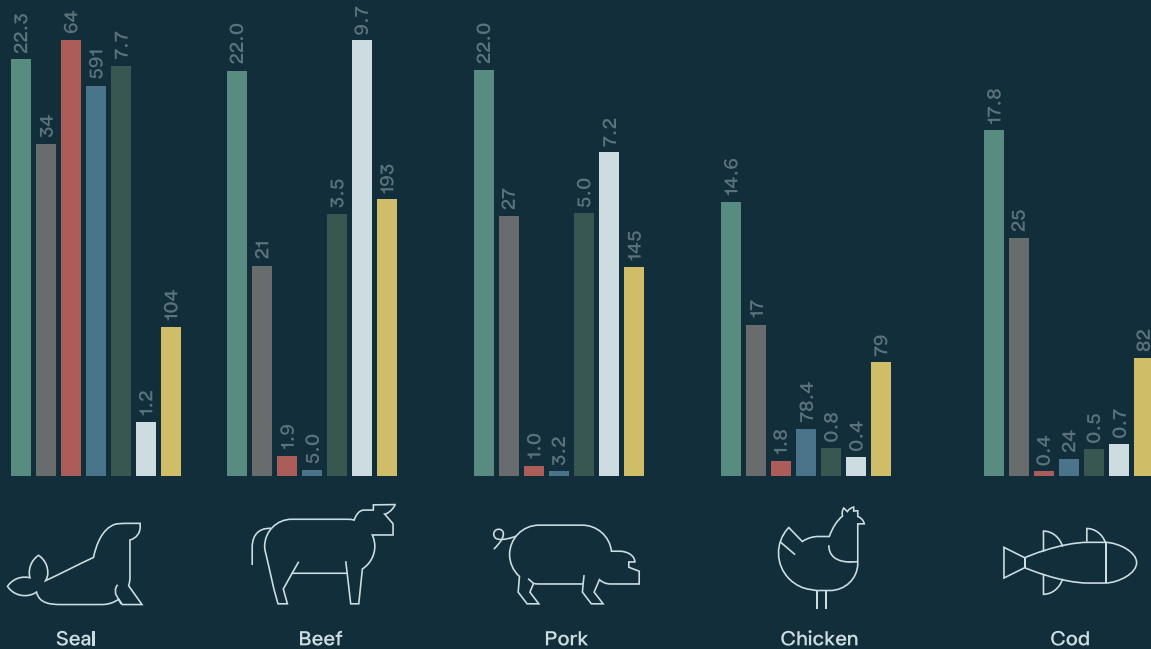


Very nutritious: high in iron, zinc, magnesium and vitamin B12.



All natural, wild game meat with no antibiotics or growth hormones.

● Protein (g) ● Magnesium (mg) ● Iron (mg) ● Calcium (mg) ● Vitamin B12 (ug) ● Fat (g) ● Calories



* For an equivalent portion of 100 grams.

Why is seal meat so dark?

Seal meat is naturally dark due to its high level of myoglobin (an iron-rich protein) which gives the seal its power to dive deep.

Approved and certified

Seal meat processing facilities are certified by the Canadian Food Inspection Agency (CFIA) under the Safe Food for Canadians Regulations (SFCR).

No Mercury Concerns

Seal meat meets all health and safety requirements pertaining to mercury, heavy metals and other pollutants as determined by the CFIA.

Seal Loin Cooking Tips

Sear the meat one to two minutes on each side according to the thickness of the steak.

The internal temperature of your seal loin must reach between 56 and 68 degrees Celsius.

Taking the time to let the meat “rest” after cooking will ensure it is moist, tender and juicy.

Seal meat is very lean, so minimum cooking is recommended to keep your steak moist. We recommend cooking seal loins no more than medium rare.

Seal is wild and similar to game meat, such as deer or moose, with a slight iodine taste. It goes well with mushrooms, wild berries, seaweed and a good bottle of red wine!

Delicious seal meat recipes

→ canadiansealproducts.com/products/seal-meat/recipes